

THE BERKSHIRE RIDGE CONDOMINIUM ASSOCIATION, INC.
WAIVER OF LIABILITY FOR GYM USE

I/We hereby understand and acknowledge that the training, fitness programs and exercise equipment made available to me by The Berkshire Ridge Condominium Association (the "Association") may expose me to many inherent risks, including accidents, injury, illness, or even death. I/We assume all risk of injuries associated with participation including, but not limited to, falls, muscular pain/injury, contact with other participants, the effects of the weather, including high heat and/or humidity, and all other such risks being known and appreciated by me.

I/We hereby acknowledge my responsibility to inform the Association of any physical and/or psychological concerns that might conflict with participation in any exercise-related activity or use of any exercise equipment. I/We acknowledge that I am physically fit and mentally capable of performing the physical activity I choose to participate in. After having read this waiver and knowing these facts, and in consideration of the Association's acceptance of my participation in and use of the Association's fitness/exercise facilities, exercise equipment and fitness programs, I agree, for myself and anyone entitled to act on my behalf, to **HOLD HARMLESS, WAIVE AND RELEASE** the Association, its officers, agents, employees, organizers, representatives, and successors from any responsibility, liabilities, demands, or claims of any kind arising out of my participation in in and use of the Association's fitness/exercise facilities, exercise equipment and fitness programs.

By my signature I/We indicate that I/We have read and understand this Waiver of Liability. I am aware that this is a waiver and a release of liability and I voluntarily agree to its terms.

Participant's Name (Please Print): _____

Participant's Signature: _____ Date: _____

In case of emergency, contact: _____ Phone: _____

(Parent's signature if under 18 years of age)

I represent that I have legal capacity and authorize to act on behalf of the minor named herein.

Parent/Guardian Signature: _____ Date: _____